

Train the Trainer Program Report

Statement of Certification. I certify that I have conducted this outreach training class in accordance with the OSH Train the Trainer Program guidelines. I have maintained the training records as required by these guidelines and I will provide these records to the Director of the N.C. Department of Labor's Occupational Safety and Health Division or designee upon request. I understand that I will be subject to immediate dismissal from the OSH Train the Trainer Program if information provided herein is not true and correct. I further understand that providing false information herein may subject me to criminal penalties under state law, including N.C. Gen. Stat. §95-139(e), which provides criminal penalties for making false statements or representations in any document filed pursuant to the Occupational Safety and Health Act of North Carolina. I hereby attest that the information on this form is true and correct.

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Trainer Signature:	Date:

10-Hour Construction Industry Spanish 30-Hour Ceneral Industry Vouth (age 18 or less) 30-Hour General Industry OSH Alliance or Partnership related (specify below) County in which training was held:/	Course Taught:		
30-Hour Construction Industry Youth (age 18 or less) OSH Alliance or Partnership related (specify below) County in which training was held: Course start date: /			
30-Hour General Industry OSH Alliance or Partnership related (specify below) County in which training was held:			
County in which training was held: Course start date://		·	
Course start date: / / Course end date: / / Number of students: / Primary Trainer Course Information: /	☐ 30-Hour Gene	ral Industry	OSH Alliance or Partnership related (specify below)
Course end date: / / (Requests cannot be older than 6 months) Number of students: / Primary Trainer Course Information: / ID Number: Name: Course: ID Number: Name: Course: Courses Expiration Date: (NC500/NC501) Address (Use an address that will be delivered directly to you) Check box if company and/or address has changed Company/Dept.: Address: City / State / Zip: Phone Number: E-Mail: Documentation Must Include: 1. Train the Trainer Program Report	•	ining was held:	
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3. Student Roster

10-Hour Construction Industry Report

Mandatory Topics: Must equal 6 hours

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<u>Time Taught:</u>	<u>Time Required:</u>	Mandatory topics must equal at least 6 hours*
	1 hour	Introduction to OSH
	1 1/2 hours	Fall Protection
	30 min	Electrical
	30 min	Struck By
	30 min	Caught In/Between
	30 min	Personal Protective and Life Saving Equipment
	30 min	Health Hazards in Construction

* Times noted are the minimum required

Elective Topics: Must equal 2 hours

Time Taught:	Time Required:	Choose at least two of the following elective topics. These topics must equal at least 2 hours.
	30 min*	Materials Handling, Storage, Use and Disposal
	30 min*	Tools-Hand and Power
	30 min*	Scaffolds
	30 min*	Conveyers
	30 min*	Excavations
	30 min*	Stairways and Ladders

*Minimum of 30 minutes on any of these six areas to equal 2 hours

Additional Topics: Must equal 2 hours

For the remaining two hours; Teach any other construction industry hazard topics or policies and/or expand on the mandatory or elective topics. See the Train the Trainer Guidelines for special industry recommendations.

Time Taught:	Topic(s):

Note: Please refer to the Train the Trainer Guidelines for additional information and details

10-Hour General Industry Report

Mandatory Topics: Must equal 6 hours

Time Taught:	Time Required:	Mandatory topics must equal at least 6 hours.
	1 hour	Introduction to OSH
	1 hour	Walking Working Surfaces
	1 hour	Exit Routes, Emergency Action Plans, Fire Prevention Plans
		and Fire Protection
	1 hour	Electrical
	1 hour	Personal Protective Equipment
	1 hour	Hazard Communication

Elective Topics: Must equal 2 hours

Time Taught:	Time Required:	Choose at least two of the following elective topics. These topics must equal at least 2 hours.
	30 min*	Hazardous Materials
	30 min*	Materials Handling
	30 min*	Machine Guarding
	30 min*	Introduction to Industrial Hygiene
	30 min*	Bloodborne Pathogens
	30 min*	Ergonomics
	30 min*	Safety and Health Program

*Minimum of 30 minutes on any of these seven areas to equal 2 hours

Elective Topics: Must equal 2 hours

For the remaining two hours; Teach any other general industry hazard topics or policies and/or expand on the mandatory or elective topics. See the Train the Trainer Guidelines for special industry recommendations.

Time Taught:	

Note: Please refer to the Train the Trainer Guidelines for additional information and details

30-Hour Construction Industry Report

Mandatory Topics: Must equal 14 hours

Time Taught:	Time Required:	Mandatory topics must equal at least 14 hours. *
	1 hour	Introduction to OSH
	1 1/2 hours	Fall Protection
	30 min	Electrical
	30 min	Struck By
	30 min	Caught In/Between
	2 hours	Personal Protective and Life Saving Equipment
	2 hours	Health Hazards in Construction
	1 hour	Stairways and Ladders
	2 hours	Managing Safety and Health

* Times noted are the minimum required

Elective Topics: Must equal 12 hours

Time Taught:	Time Required:	Choose at least six of the following elective topics.
	20 min*	These topics must equal at least 12 hours.
	30 min*	Fire Protection and Prevention
	30 min*	Materials Handling, Storage, Use and Disposal
	30 min*	Tools – Hand and Power
	30 min*	Welding and Cutting
	30 min*	Scaffolds
	30 min*	Cranes, Derricks, Hoists, Elevators and Conveyers
	30 min*	Excavations
	30 min*	Concrete Masonry
	30 min*	Steel Erection
	30 min*	Stairways and Ladders
	30 min*	Safety and Health Programs
	30 min*	Confined Space Entry
	30 min*	Powered Industrial Vehicles
	30 min*	Ergonomics
	30 min*	Motor Vehicles, Mechanized Equipment and Marine
		Operations; Rollover Protective Structures and Overhead
		Protection; and Signs, Signals and Barricades.

*Minimum of 30 minutes on any of these fifteen areas to equal 12 hours

Additional Topics: Must equal 4 hours

For the remaining four hours; Teach any other construction industry hazard topics or policies and/or expand on the mandatory or elective topics for a minimum of 30 minutes each. See the Train the Trainer Guidelines for special industry recommendations.

Note: Please refer to the Train the Trainer Guidelines for additional information and details.

30-Hour General Industry Report

Mandatory Topics: Must equal 12 hours

Time Taught:	Time Required:	Mandatory topics must equal at least 12 hours.
	1 hour	Introduction to OSH
	1 hour	Walking Working Surfaces
	2 hour	Exit Routes, Emergency Action Plans, Fire Prevention Plans
		and Fire Protection
	1 hour	Electrical
	2 hours	Personal Protective Equipment
	1 hour	Material Handling Storage
	2 hours	Hazard Communication
	2 hours	Managing Safety and Health

Elective Topics: Must equal 10 hours

	These topics must equal at least 10 hours.
) min*	Hazardous Materials
) min*	Confined Space
) min*	Lockout Tagout
) min*	Machinery and Machine Guarding
) min*	Bloodborne Pathogens
) min*	Ergonomics
) min*	Fall Protection
) min*	Powered Industrial Vehicles
) min*) min*) min*) min*) min*

*Minimum of 30 minutes on any of these eight areas to equal 10 hours

Additional Topics: Must equal 8 hours

For the remaining eight hours; Teach any other general industry hazard topics or policies and/or expand on the mandatory or elective topics for a minimum of 30 minutes each. See the Train the Trainer Guidelines for special industry recommendations.

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Note: Please refer to the Train the Trainer Guidelines for additional information and details.

Student Names

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Revised: 2025